

# ZENSATION

body & soul



## Fish Spa

### ICTIOTHERAPY

*The perfect solution for your skin*

*The use of Ictiotherapy offers you a good solution for the reduction / elimination of the dead cells, and at the same time help the skin rejuvenation at a totally natural way.*



*It is an Unique Experience  
that Nature offers us!*

- 15 minutes Fish Spa..... 15€
- 30 minutes Fish Spa..... 25€
- 15 minutes Fish Spa + Foot Massage ..... 30€  
(with moisturizing cream)
- Special Fish SPA price for Children under 12 years old (15 minutes) .. 10€

[All prices include Taxes]

## ICTIOTHERAPY BENEFITS

The Ictiotherapy consists in an unique treatment, for Well-Being and Beauty, treating the skin pathologies in an effective and secure way, thanks to the GARRA RUFA fish, known as "Doctor Fish", originally from Turkey. These fish are used worldwide to treat several dermatological problems as psoriasis, eczema and callus. Submerging your skin in our SPA, the little GARRA RUFA, specie without teeth, which task is the suction of skin dead cells, leaving your skin clean and healthy.

The best thing about these fish is not only the ability to remove the dead skin, but also the ability to produce and spread an enzyme, the anthracene, regenerating the skin. These enzymes are exclusively produced by the GARRA RUFA genuine fish. Also the impulses and micro suction of the "fish therapist" on your body, stimulates the acupuncture points and accelerates the blood circulation. Ictiotherapy is a relaxing and pleasant treatment that realizes a NATURAL and REJUVENATING peeling, leaving your skin clean, soft and new.



**OPEN DAILY FROM 9:00AM TILL 12:30 AM**

Rua 5 de Outubro, n° 69,  
8200-109 Albufeira  
(Old Town / Tunal Street)

Summertime Opening Hours

For further information  
or appointments,  
please contact:



**T** (+351) 289 572 313

**@** freeinspirations@gmail.com

**f** SPAZENSATION

