

ZENSATION

body & soul

FISH SPA

AN UNIQUE EXPERIENCE THAT NATURE PROVIDES US

The perfect solution for our feet with a treatment that eliminates dead cells and at the same time regenerates the skin in a completely natural way.

It treats skin problems in a safe and effective way thanks to the GARRA RUFA fish, the "medical fish", originally in Turkey. Treats various dermatological problems (psoriasis, eczema, calluses and hardness). When you put your feet in the fish spa, Garra Rufa (a toothless species) takes care of sucking out dead skin cells, leaving it smooth, clean, healthy and at the same time processing and spreading an enzyme with a regenerating effect on your skin, anthracine. In addition, the impulses and micro-suctions of the "masseur fish" stimulates acupuncture points and improve blood circulation. This natural and rejuvenating peeling leaves the skin clean, silky and nourished.

Fish Spa 15min _____ 15€

Fish Spa 30min _____ 30€

Fish Spa 15min. + Foot Massage _____ 30€

(Relaxing massage with application of moisturizing cream)

Robotherapy _____ 7,50€ (15 min.) | 15€ (30min.)

Foot massage performed by a robot, which stimulates/massages specific point, promoting rapid and effective relaxation.



GARRA RUFA
DR. FISH



SUMMER: 10am - 12:30am OPEN EVERYDAY
WINTER: 10am - 7pm CLOSED AT SUNDAYS



@spazensation



spazensation



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LEAVE YOUR
REVIEW

ZENSATION
Body & soul spa



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Flash Massage for two 35€ each

This experience includes relaxing or deep tissue massage of the back/upper limbs or legs/feet (your choice). [25 min.]

Massage for two 55€ each

Relaxing Full body Massage or Deep Tissue massage (at your choice) [50min]. The Relaxing massage relieves tension/pain, promotes a feeling of relaxation of body and mind. The Deep Tissue massage is a deep muscle massage, with pressure.

Valentine's Masage for two 60€ each

Enjoy this candle massage ritual, which stimulates the senses. The massage is a relaxing full body [50 min.], the oil resulting from the heated candle promotes a unique experience of essential aromas and sensations. A memorable experience for two that moisturises and nourishes body & soul.

Four hand Massage 100€

Take advantage of this moment to relax with a full body massage [50 min.], performed by two therapists at the same time, which, with synchronized massage movements, will bring you an experience of well-being and deep relaxation. (For 1 Person)

Zensation Signature Massage for two (+ +) 75€ each

This signature Zensation massage includes a facial shiatsu. improving oxygenation and skin tone, followed by deep, relaxing massage movements from your feet to your head, with special dedication to the back and shoulder area. [55 min.]. **After the massage, relax at our rooftop, enjoy the amazing sea view, have a drink at your choice (tea, espresso or sparkling wine) + delicious chocolates. 2x FISH SPA offer. Feel Amazed by this Zensation ritual.**

You can enjoy this COMBO at our ROOFTOP with any of the massages above, with an extra cost of 15€/person (Fish Spa Included).

ONLY AVAILABLE AT THIS ZENSATION SPA @PRAIA DOS PESCADORES

